



2024 Community Benefit Report *and* Report on 2022-2024 Implementation Strategies

Gilmer County

Approved by the Mon Health Stonewall Jackson Board of Trustees on November 19, 2025

The Community Benefit Report is made available to the public via the Mon Health Stonewall Jackson website at <https://www.monhealth.com/sjmh> and is available upon request from the hospital facility.

#1	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Drug Abuse
IDENTIFIED HEALTH ISSUE	Drug Abuse
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their health.
STRATEGIC OBJECTIVE	Increase access to resources to improve substance abuse
GOALS TO ADDRESS THE HEALTH NEED	• A Recovery Center has opened in Glenville (Gilmer County) with a capacity for twenty residents. Currently ten men live there. It is a long-term (at least one year) program. • Minnie Hamilton Health Care (a Calhoun County healthcare organization which provides services in Gilmer County) offers a SMART Recovery Program. SMART Recovery is an international non-profit organization that provides assistance to individuals seeking abstinence from addiction. SMART stands for Self-Management and Recovery Training. • Various non-profits have programs for schools such as Red Ribbon Week, Too Good For Drugs, Girl Scout programs. • Mon Health SJMH has opened a Medical Assistance Treatment (MAT) program for residents, along with the Mon Health System's Recovery Programs at each Mon hospital for substance usage addiction.
MEASURE TO EVALUATE THE IMPACT	• Number of people served at Save A Life Day • Number of people utilizing peer recovery in SJMH ED
TIMELINE	Ongoing
RESOURCES	Grant funding has been used for operations of programs, partners to assist in referrals, external collaborations with community action organizations to meet basic tier of needs for whole person-centered approach
PARTNERS/COLLABORATORS	SJMH, Minnie Hamilton Health System, Community Action Organizations (CRI, FSC)
2024 PROGRESS	• Establishment of the Minnie Hamilton MAT program • 37 patients with substances use disorder through the MAT program

#2	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Mental Health Issues
IDENTIFIED HEALTH ISSUE	Mental Health
COMMUNITY SERVED	Primary and Secondary Service Area

PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their mental health
STRATEGIC OBJECTIVE	Increase access to resources to improve mental health
GOALS TO ADDRESS THE HEALTH NEED	• There is a Summit Center Office for mental health in the community
MEASURE TO EVALUATE THE IMPACT	• Community Assessments • Patient to practitioner ratio • Participant numbers
TIMELINE	Ongoing
RESOURCES	There is continued Grant funding for mental health services, advertisement of these services, recruitment for mental health providers
PARTNERS/COLLABORATORS	SJMH, Minnie Hamilton, FRN, Health Department, Community Members, WVU Healthy Minds
2024 PROGRESS	• Minnie Hamilton Health System has established a Behavioral Health Clinic in Glenville with 3 licensed practitioners • 3729 unique patients who were depression screened over 9114 encounters at SJMH • 37 patients with mental health issues assisted through the MAT program

#3	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Obesity
IDENTIFIED HEALTH ISSUE	Obesity / Promoting Physical Activity
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their weight health
STRATEGIC OBJECTIVE	Increase access to resources to promote physical activity and improve obesity
GOALS TO ADDRESS THE HEALTH NEED	• Gilmer County residents have opportunities for physical activities, including the WACO Center and various other locations. • There are a variety of playgrounds and walking trails • There is a school-based health center at the high school and elementary school • Telehealth is available through Minnie Hamilton and Mon Health Stonewall Jackson Memorial Hospital

	• Vibrant Senior Center offers
MEASURE TO EVALUATE THE IMPACT	• Number of people referred back to physician for chronic disease such as obesity, diabetes, cardiac
TIMELINE	Ongoing
RESOURCES	Gilmer County Commission
PARTNERS/COLLABORATORS	SJMH, Gilmer County Senior Center, WACO OIL and GAS, Glenville State University, Gilmer County Commission, Gilmer County Parks and Recreation, Cedar Creek State Park Foundation, Minnie Hamilton Health System, WVU Extension, WVU Waco Center, FRN
2024 PROGRESS	• 30 people enrolled in SJMH Adult Fitness • 130 people participating in SJMH Walk Runs • 140 referred by Gilmer County Health Department to physicians for cardiac, obesity, diabetes

#4	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Cardiac Disease
IDENTIFIED HEALTH ISSUE	Cardiac - Heart Disease
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their cardiac health
STRATEGIC OBJECTIVE	Increase access to resources to improve cardiac health
GOALS TO ADDRESS THE HEALTH NEED	• The Gilmer County Health Department offers screenings on site • The SJMH Cardiac Department participates with a local college and federal correction center to provide heart disease education.
MEASURE TO EVALUATE THE IMPACT	• Number of outreach heart health activities • Number of people impacted by events
TIMELINE	Ongoing
RESOURCES	SJMH outreach department
PARTNERS/COLLABORATORS	Gilmer County Senior Center, Gilmer County Health Department
2024 PROGRESS	• 8 people were instructed on hand CPR at Gilmer County Senior Center • In February 2024, SJMH hosted 7 heart health fairs and outreach • Reached 100 people with cardiac education at Gilmer Senior Center Health Fair

#5	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Diabetes
IDENTIFIED HEALTH ISSUE	Diabetes
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their health
STRATEGIC OBJECTIVE	Increase access to resources to improve diabetes
GOALS TO ADDRESS THE HEALTH NEED	• SJMH conducts three comprehensive blood screenings each year – two in the spring and one in the fall. This is done in cooperation with the Rotary Club. • The Health Departments provide very low-cost screenings for the public during office hours. For example, a customer can receive a blood glucose test, blood pressure, weight, and height screening for free. The nurse director can provide nutritional education for customers. • SJMH trained a dietitian and nurse to conduct diabetes classes
MEASURE TO EVALUATE THE IMPACT	• Number of people participating in blood screenings
TIMELINE	Ongoing
RESOURCES	SJMH Lab
PARTNERS/COLLABORATORS	Rotary Club, SJMH staff, Gilmer County Health Department
2024 PROGRESS	• Mon Health will be offering an online and in person pre-diabetes classes • Provided blood screenings for 220 people at semiannual rotary blood screenings